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# Safety pre-start checklist

A quick run-through before you start work. If in doubt, stop and ask.

## BEFORE YOU START

- Right PPE on and in good condition
- Attended the toolbox talk or pre-start meeting
- Read and signed onto the safe work method statement (SWMS) for high-risk work
- Know the hazards in your work area and how they are controlled
- Know where the first aid kit, fire exits and assembly point are

## YOUR TOOLS AND GEAR

- Tools checked, guards on, leads and cords undamaged
- Ladders and access equipment set up and secure
- Correct tool for the job, and you have been shown how to use it

## BEFORE TOUCHING ANYTHING LIVE OR DANGEROUS

- Power, gas or pressure isolated, locked out and tagged where required
- Tested and proven safe before you start
- A permit in place if the work needs one (hot work, heights, confined space)

## STOP AND ASK IF

- You have not been shown how to do the task safely
- The gear is damaged or the guard is missing
- Something feels unsafe or you are unsure

You have the right to a safe workplace and can refuse work that puts you at serious risk. Raise it with your supervisor, and contact your state WHS regulator if it is not fixed.